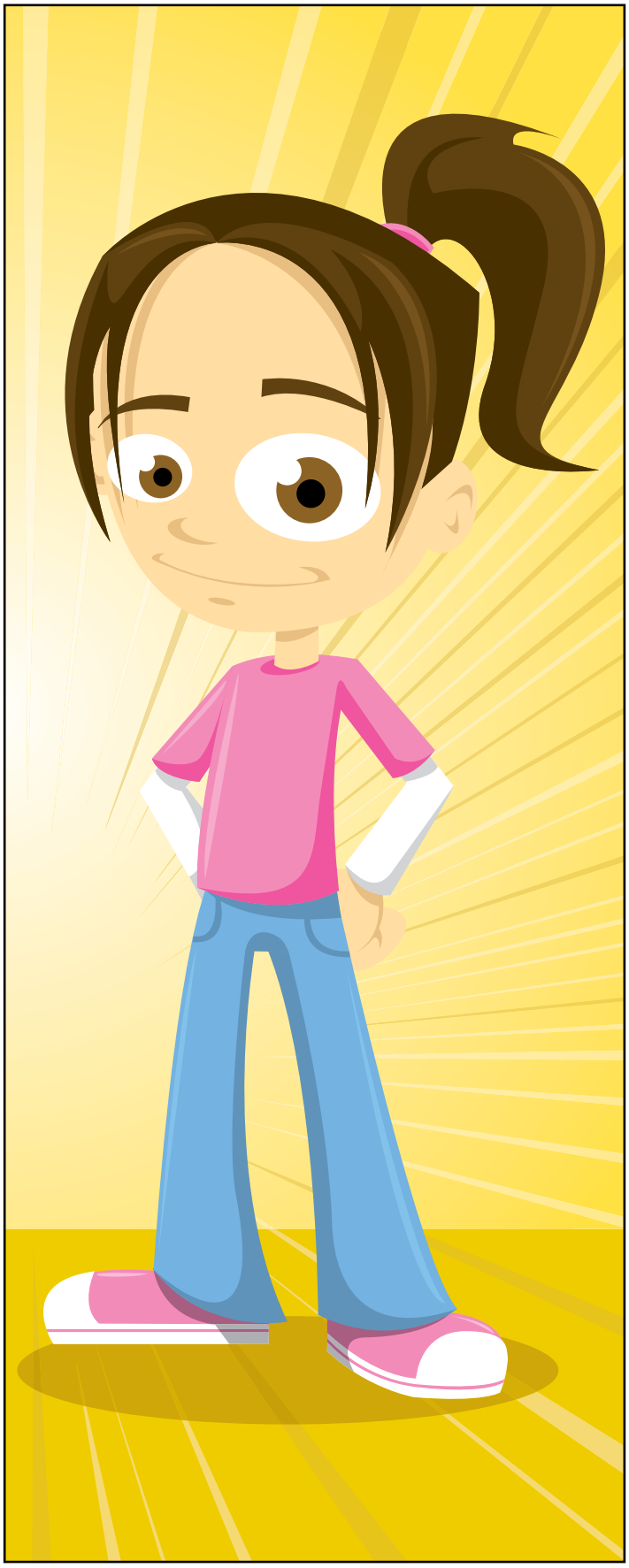
VOYPIC

VOICE OF YOUNG PEOPLE IN CARE

This is my coming into care guide

This is My Coming into Care Guide

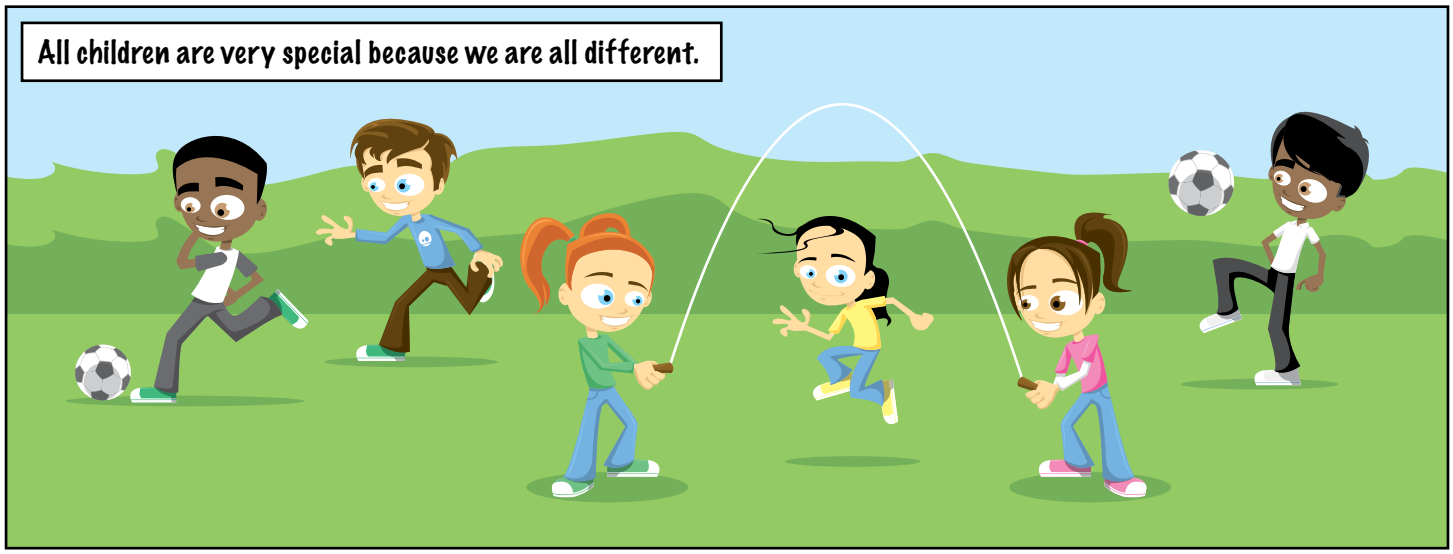


My name is :

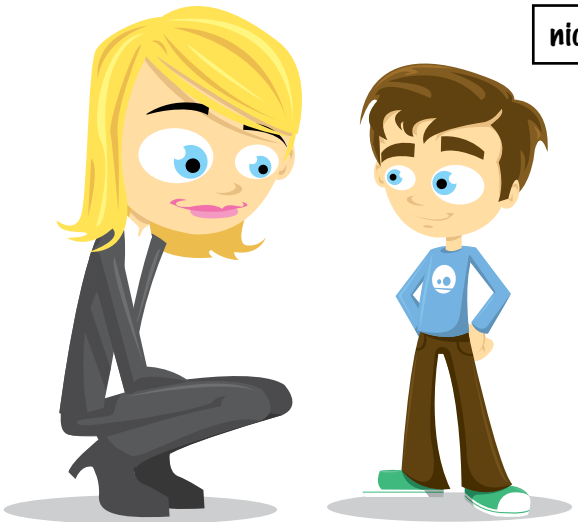
I am

years old

This guide is all about me
It will help me understand why I am in Care, how I might be feeling and it helps me ask my Foster Carer or Social Worker questions I might have.



Because I am special people should be



WHY AM I IN CARE?

Sometimes mummy and daddy were sad but this had nothing to do with me.

So

my Social Worker (someone who is there to make sure I am well looked after) and mummy and daddy thought I would be

safer in care.

Lots of different children go into Care.

When children go into Care they can feel..

On this Page I can Draw or Write how I Feel about Going into Care.

WHERE WILL I LIVE?

Some Children live in Different Places, like:

Foster Care.. This is where you live with another family in their home.

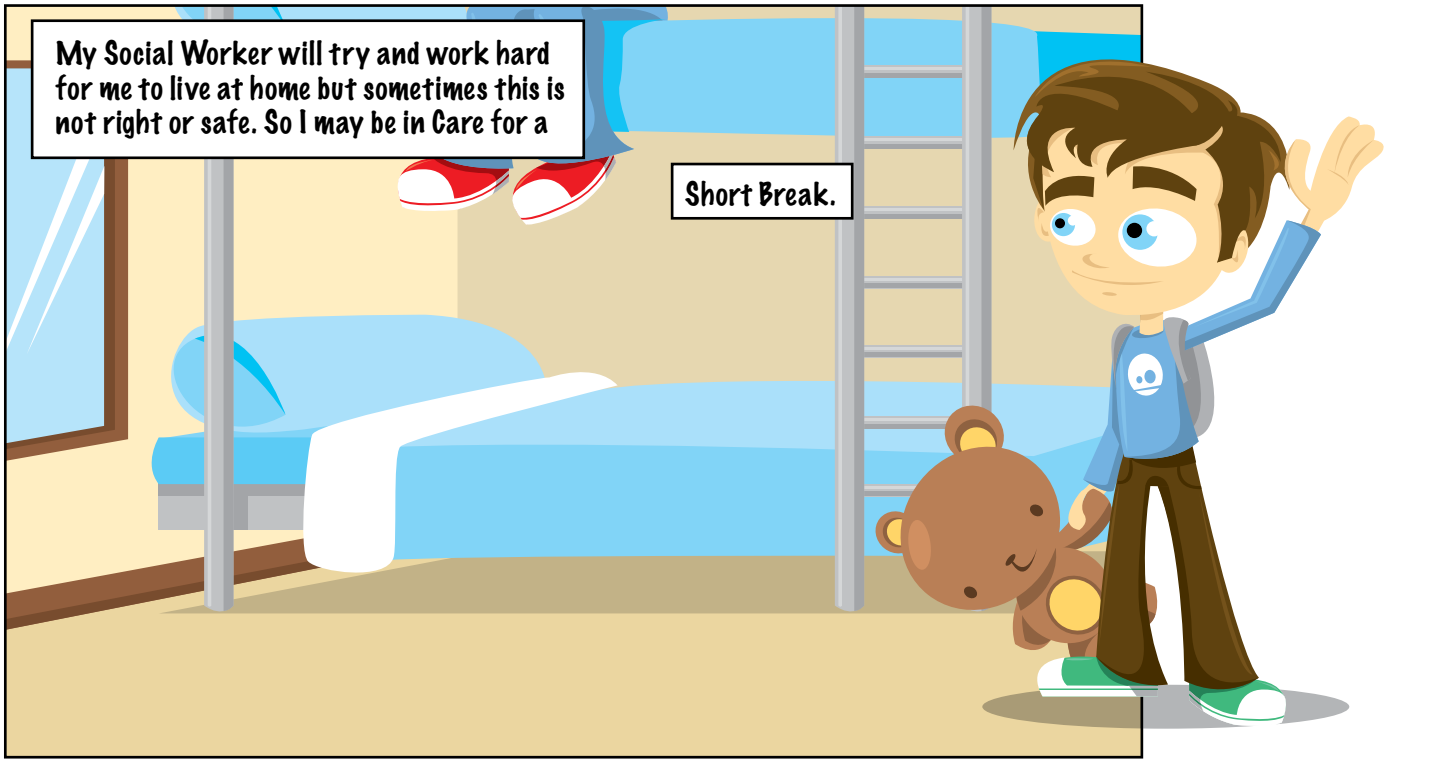
With people in my family.. This is where you will live with someone else in your family other than your mum or dad (like you aunt or granny).

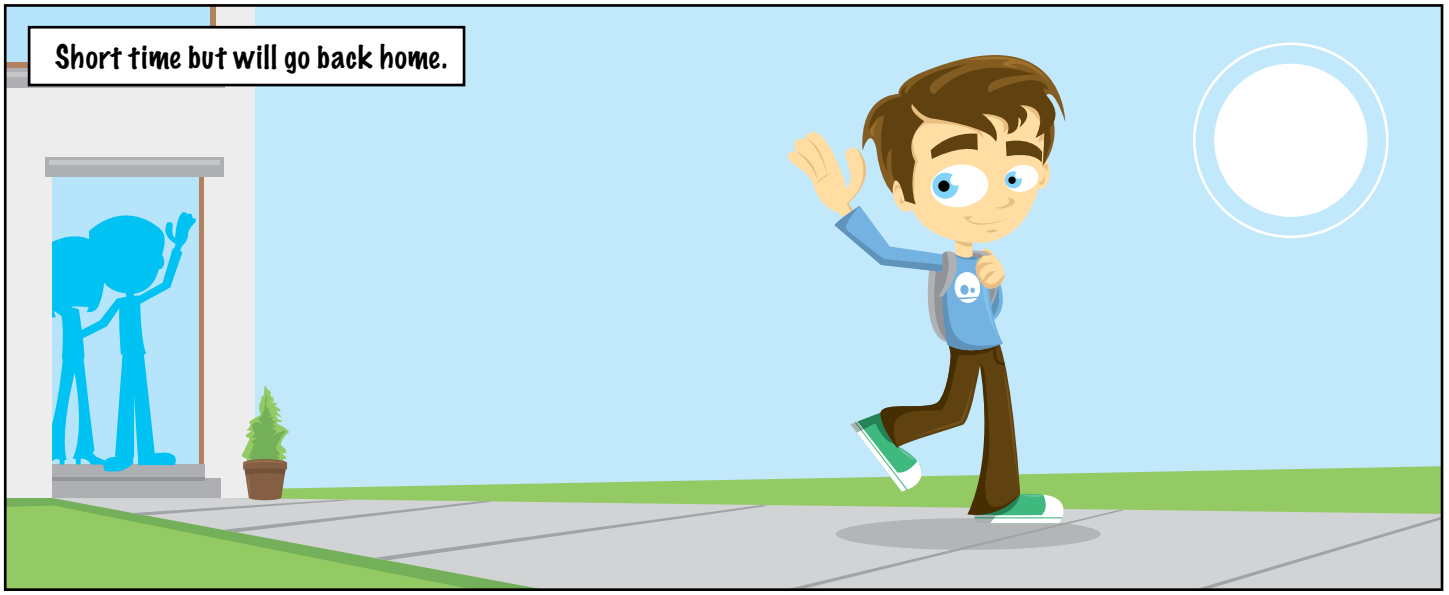
In a Children's Home.. This is where a number of children live together in the same house with adults who are there to look after you.

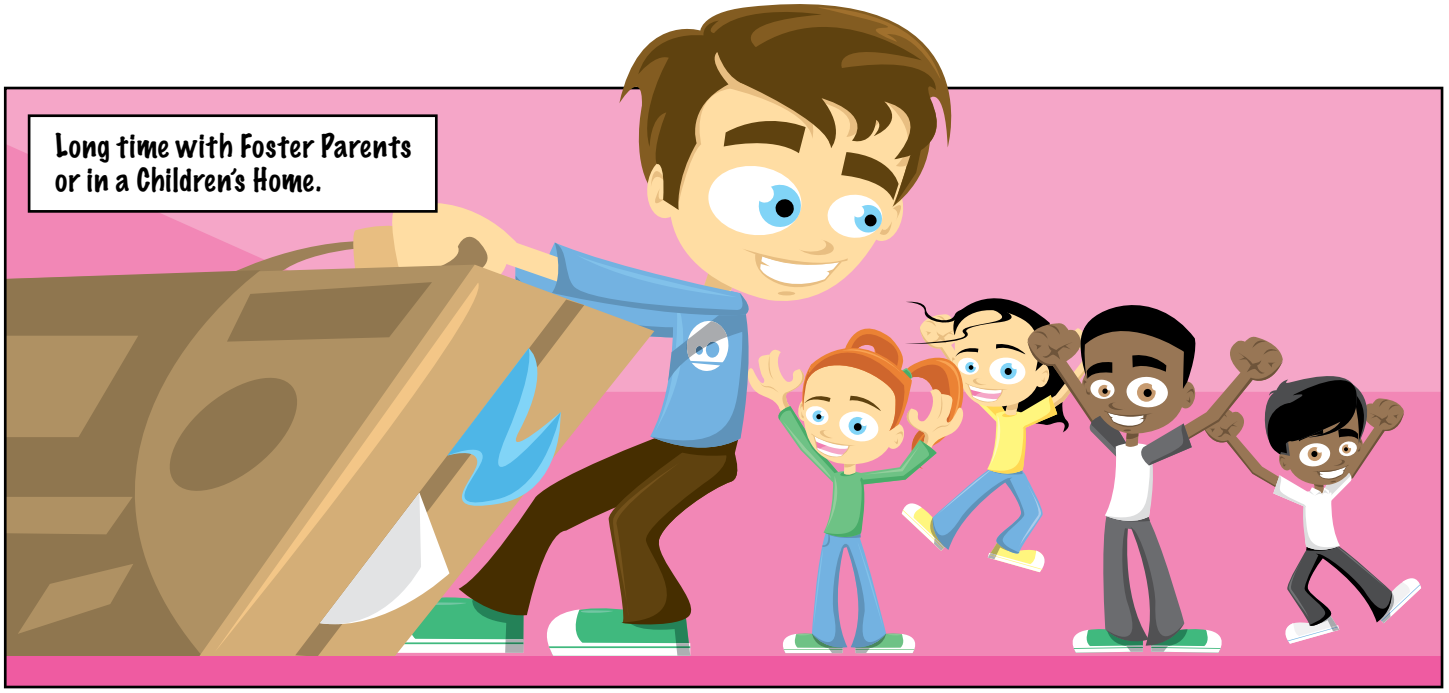
I live in.. Here you can write or draw where you live.

I live with.. Here you can write or draw the people you live with.

HOW LONG WILL I BE IN CARE?

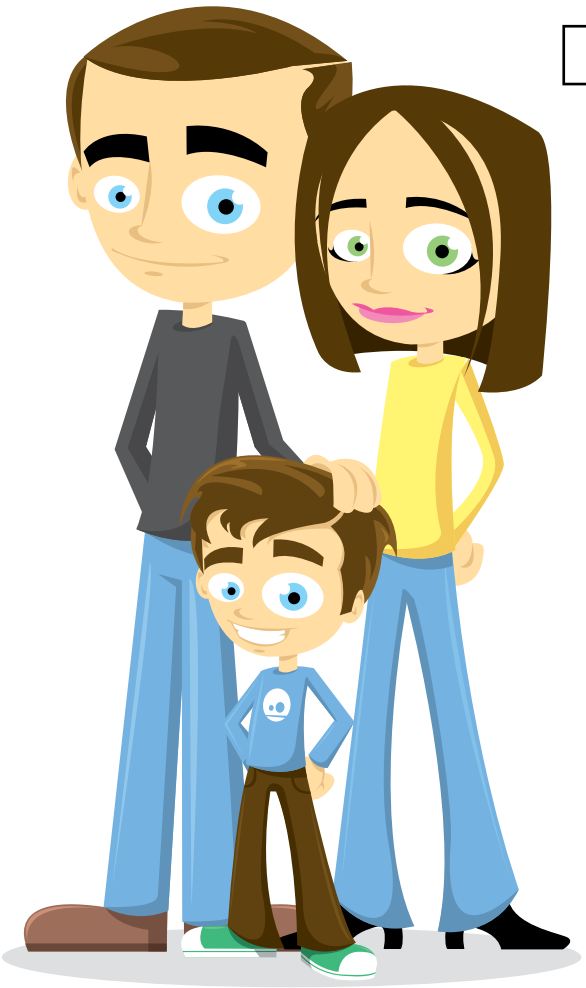

My Social Worker will try and work hard for me to live at home but sometimes this is not right or safe. So I may be in Care for a
Short Break.


Short time but will go back home.


Long time with Foster Parents or in a Children's Home.

CAN I SEE MY FRIENDS AND FAMILY?

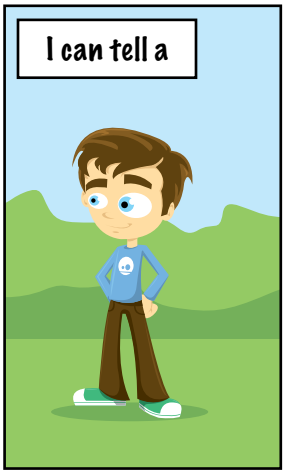
Some people will always be important to me.



So

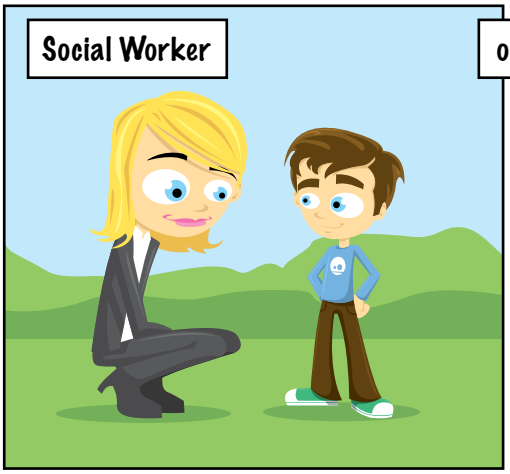
now that I am in Care

I can tell a

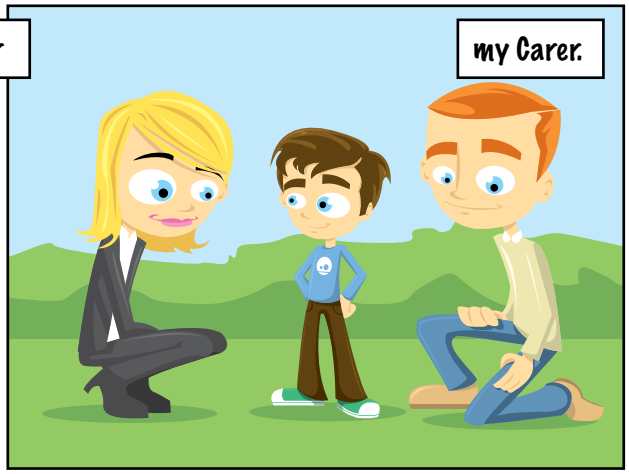


Social Worker

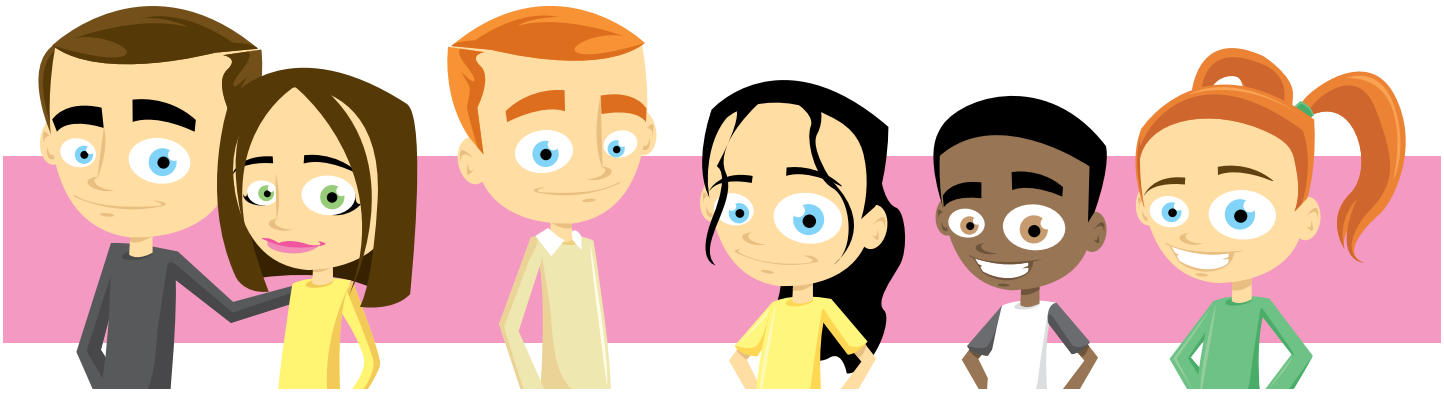
or



my Carer.



The names of everyone I want to spend time with.



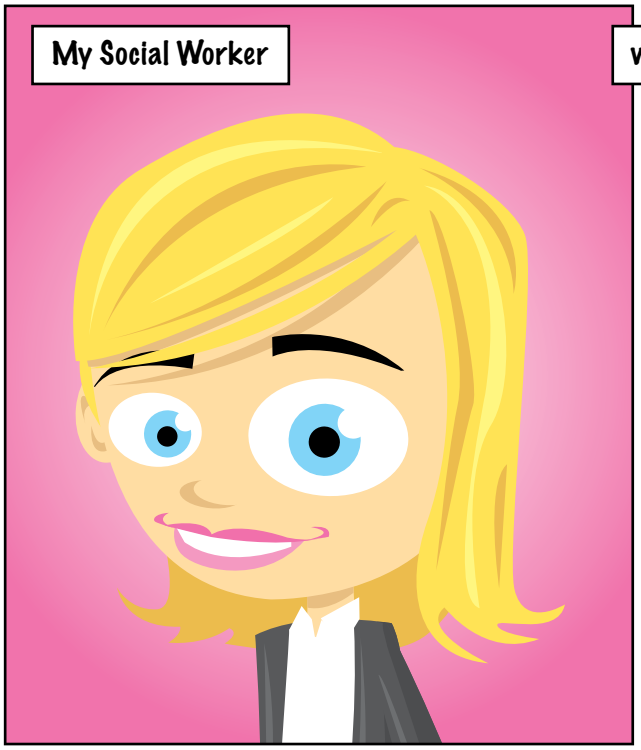
Here I Can Write or Draw All the People Who Are Important to Me.

WHERE WILL I GO TO SCHOOL?

My Social Worker will try to make sure I stay at the same school.

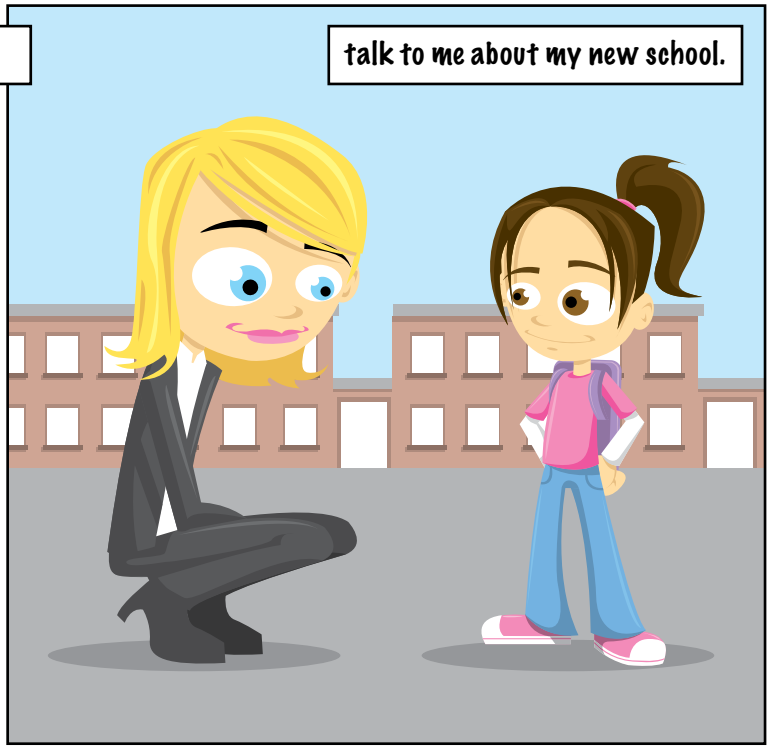
Sometimes if I live too far from my school I may have to go to a new one.

My Social Worker



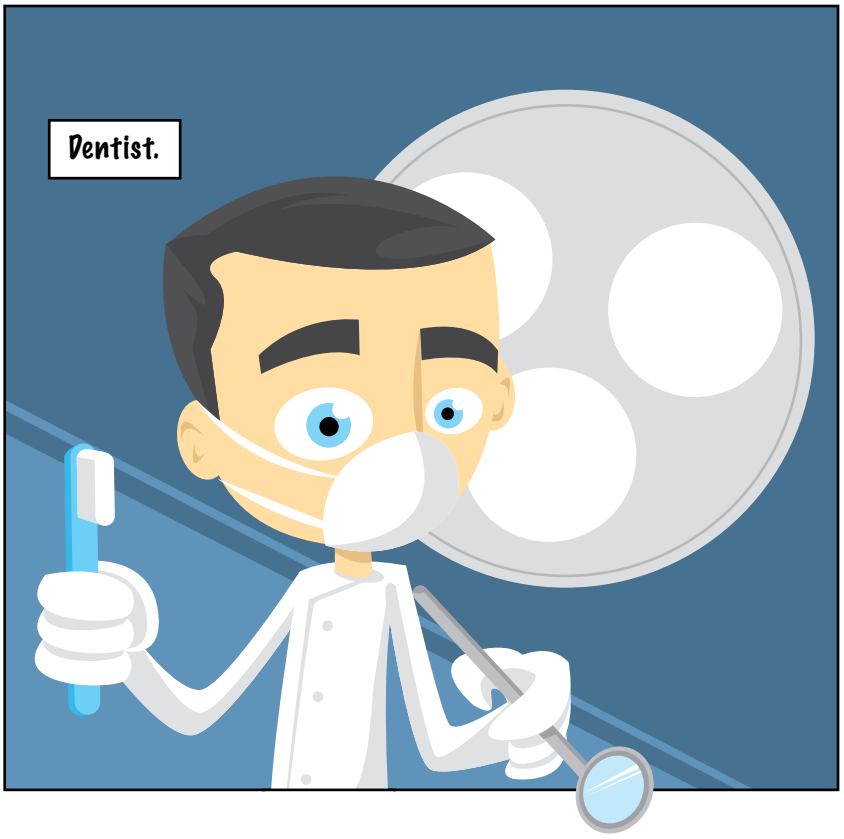
will

talk to me about my new school.



Sometimes if I move school this makes me..
HAPPY!
SCARED.
SAD.
UPSET.
UPSET.
Question Time: How Do I Feel About Moving School?

WHAT ABOUT
MY HEALTH?



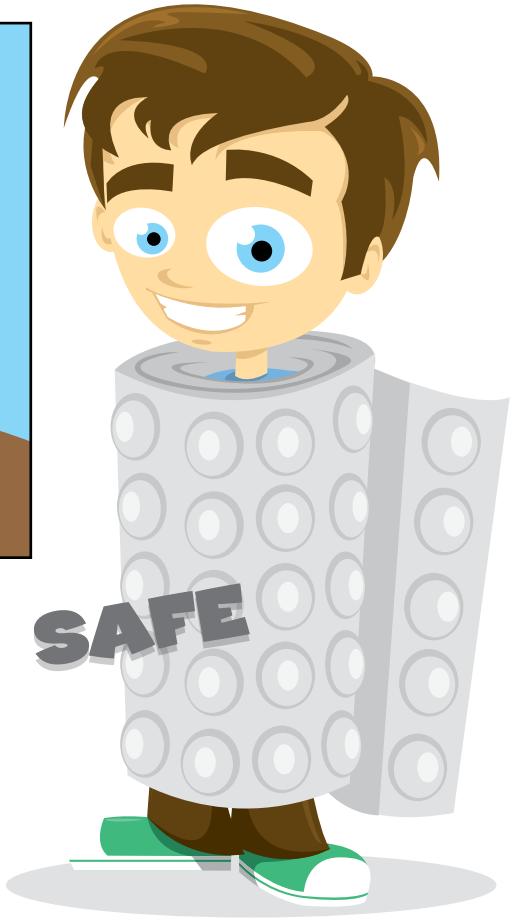
My Doctor is called..

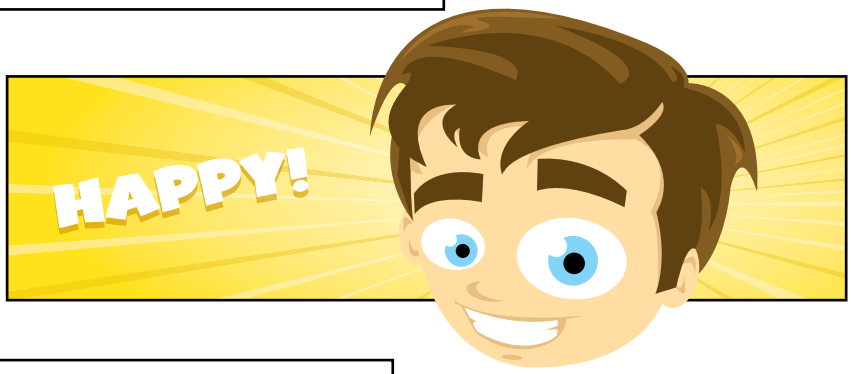
My Dentist is called..

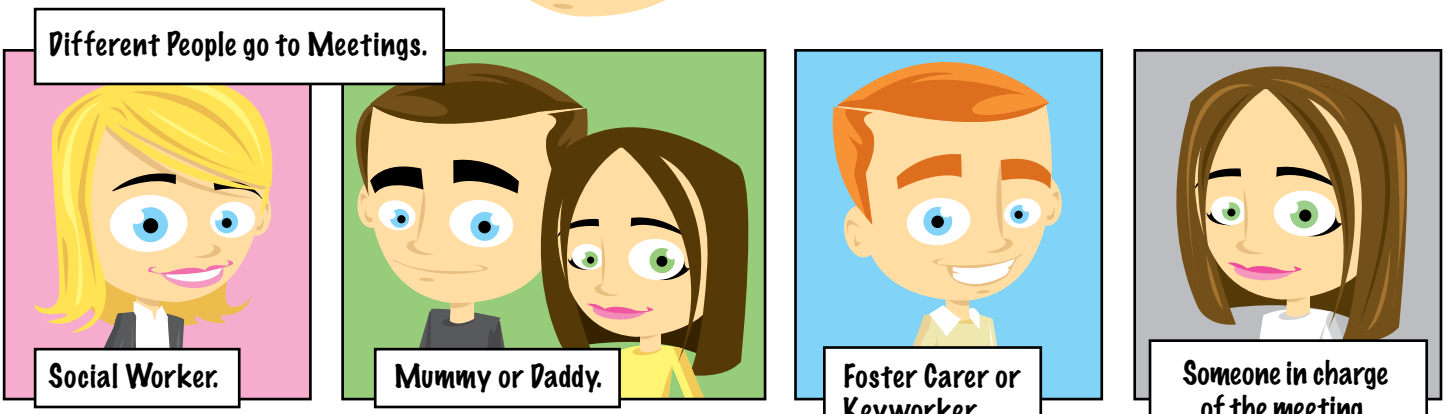
My Eye Doctor is called..

WHY DO I HAVE MEETINGS?

Meetings happen to make sure I am..


SAFE


HAPPY!

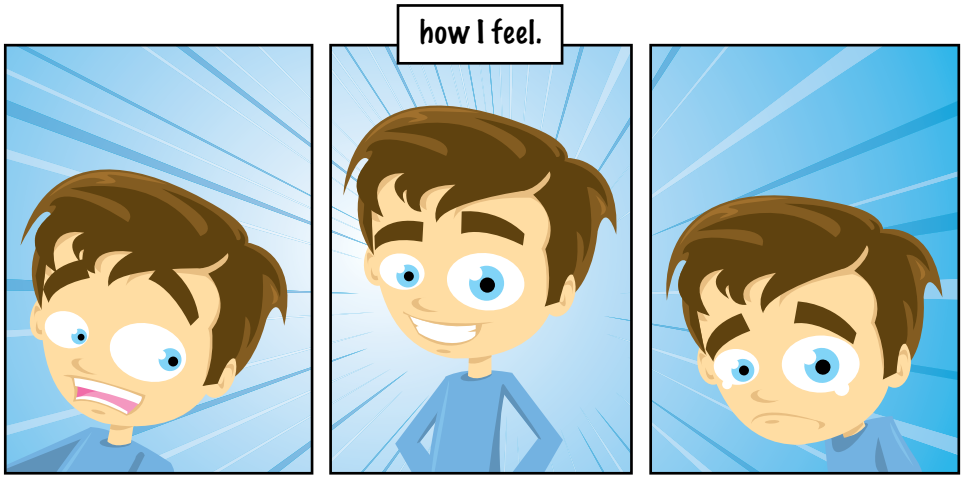

Different People go to Meetings.
Social Worker.
Mummy or Daddy.
Foster Carer or Keyworker.
Someone in charge of the meeting.

The most important person at these meetings is me!

Meetings decide where.. I will live.

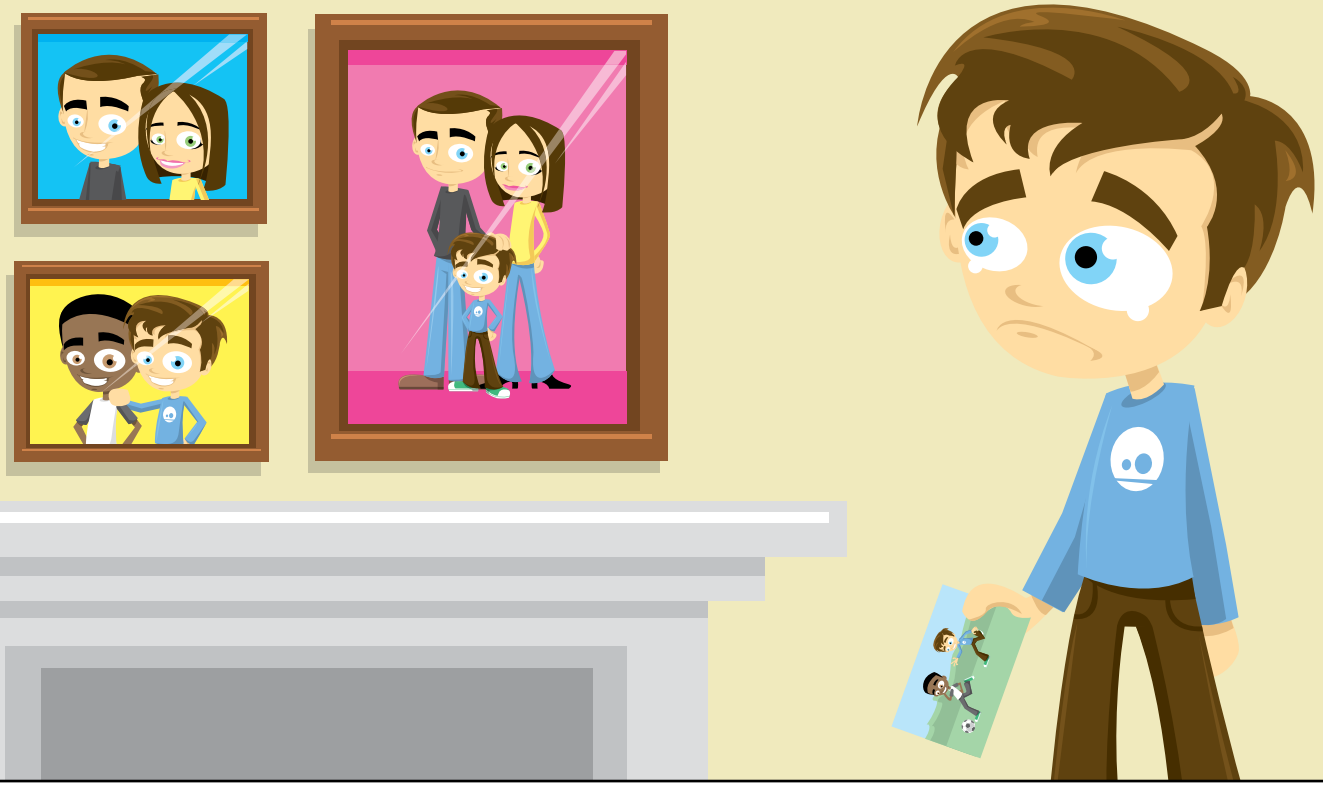
I will go to school.

So it is important I tell my Social Worker or Carer

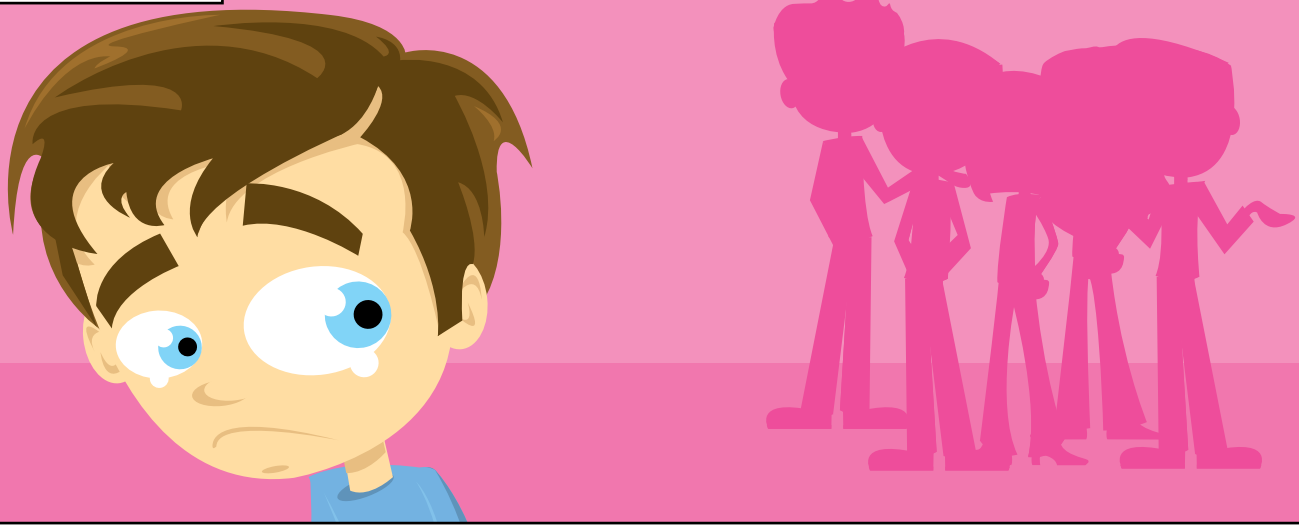

how I feel.

WHAT DO I DO IF I AM UNHAPPY OR SAD?

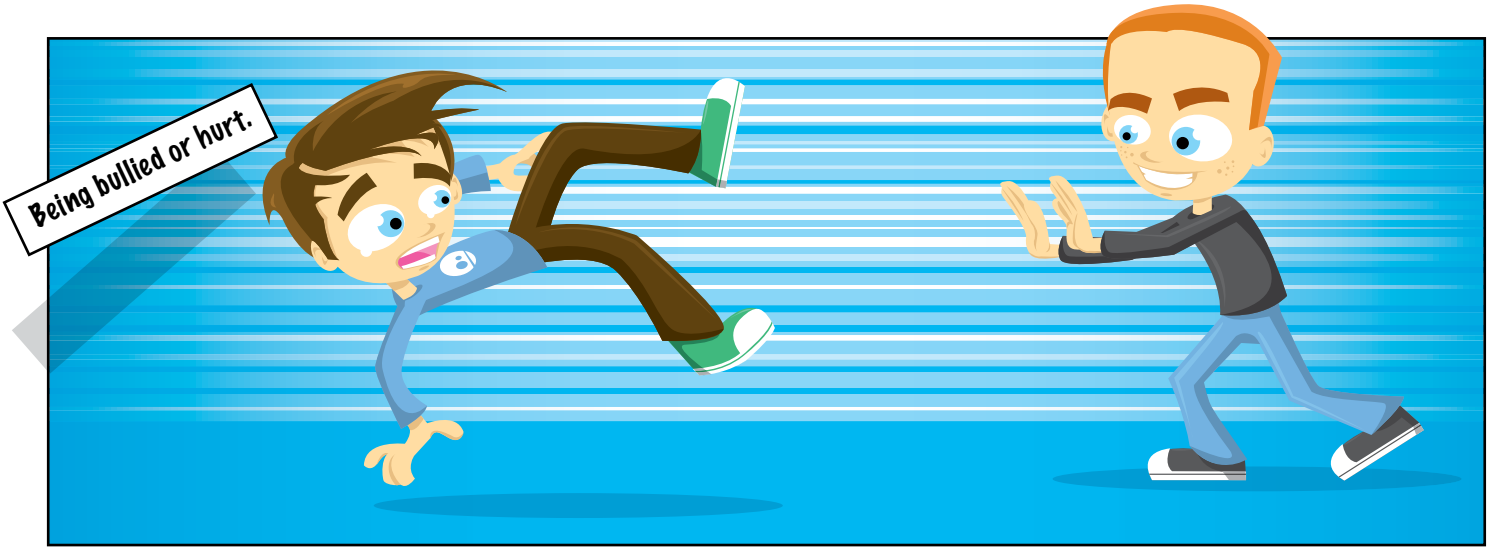
Sometimes I might feel upset because: I am not seeing enough of my family or friends.



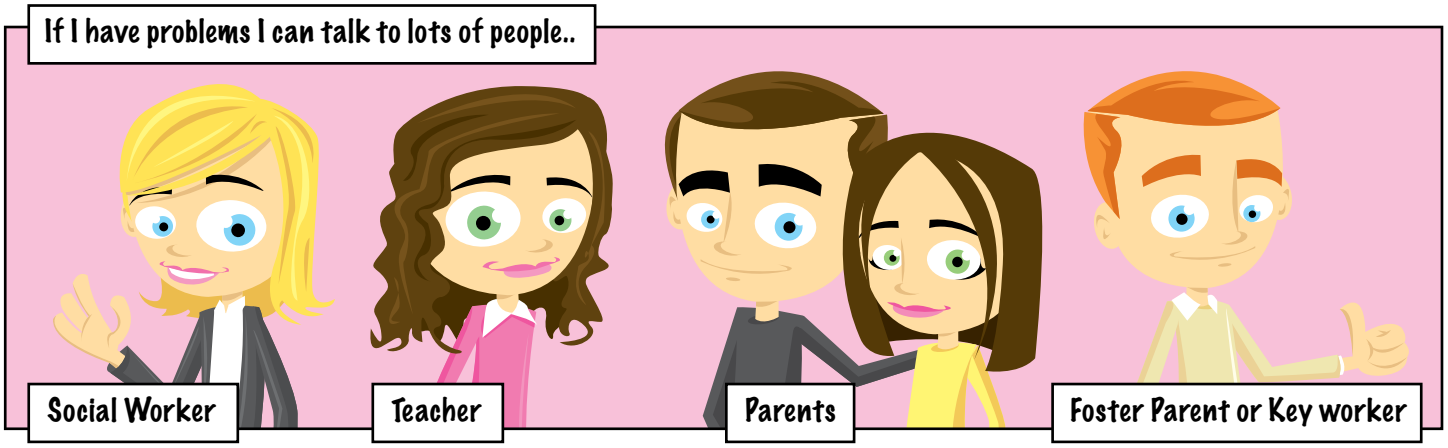
Not being listened to.

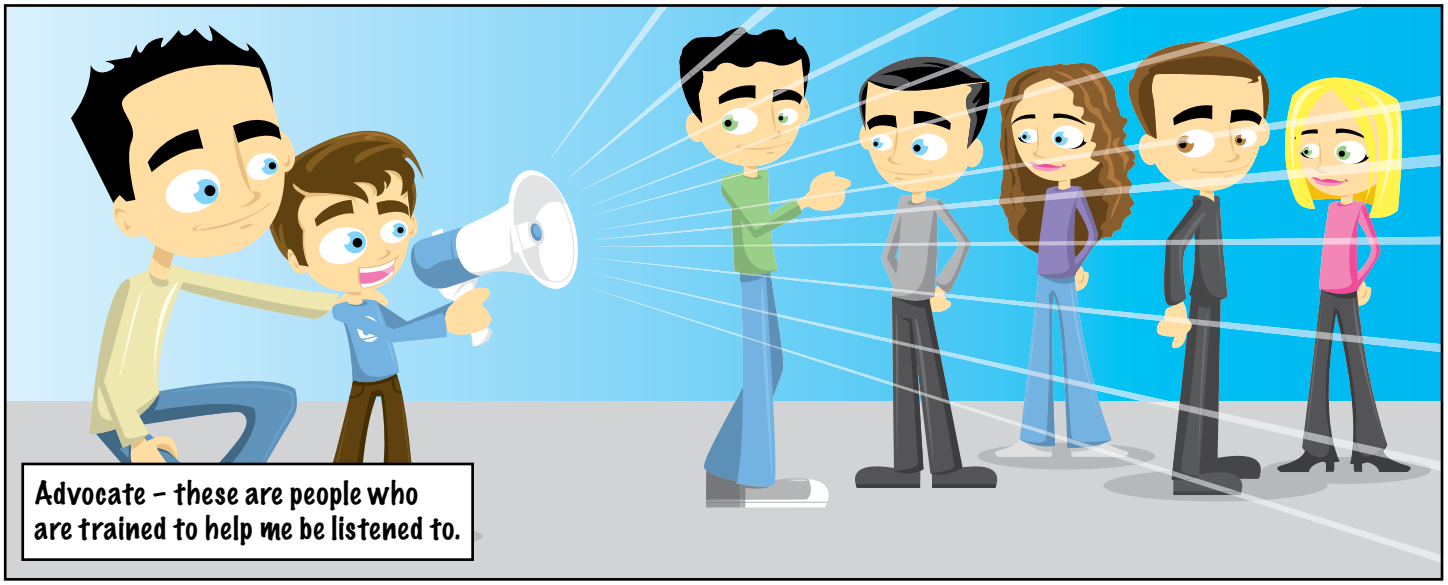


Being bullied or hurt.

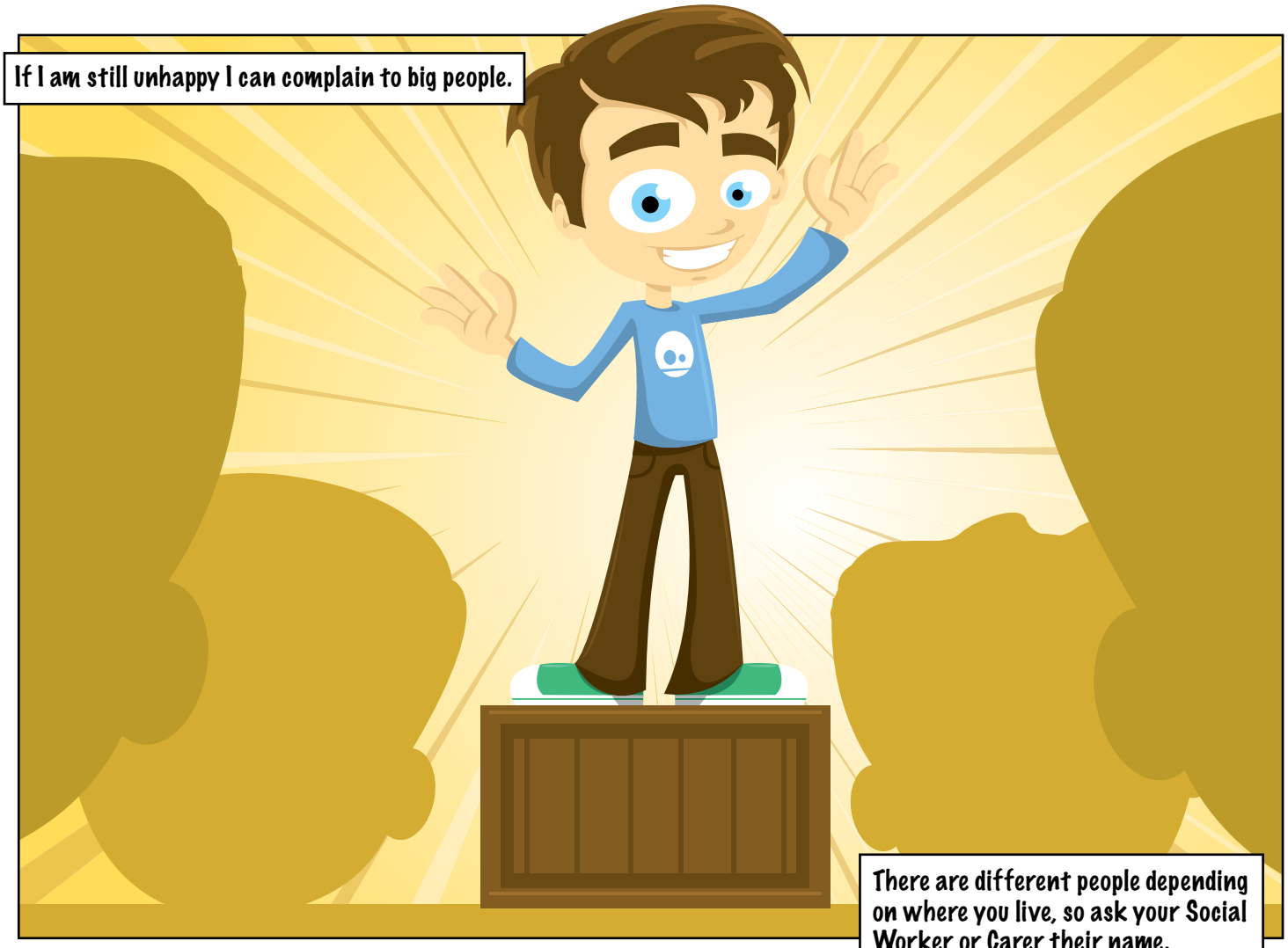


If I have problems I can talk to lots of people..





If I am still unhappy I can complain to big people.



WELL DONE YOU'VE FINISHED

Always remember to use the guide if you need help!

Get in touch

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