



CARE DAY 2018

Care Day is the world's biggest celebration of children and young people with care experience. This group includes children and young people who are or were cared for by parents or other family members with the support of social workers; or by foster carers. It also includes children and young people who live in children's homes and residential units. They deserve to be celebrated, on care day, and every day.

CARE DAY ROOTS

The first Care Day took place in 2016. It began in the UK and Ireland as a joint initiative across five children's rights charities.

- Become (England)
- Empowering People in Care (Ireland)
- Voices from Care (Wales)
- Voice of Young People in Care (Northern Ireland)
- Who Cares? Scotland (Scotland)

Care Day takes place on the third Friday of every February, every year.

Care Day is a joint initiative between children's charities across the whole of the UK and Ireland, under the 5 Nations, 1 Voice alliance. The charities in the alliance are: Become in England, EPIC in Ireland, VOYPIC in Northern Ireland, Who Cares? Scotland, and Voices from Care in Wales.



JOIN US ON 16 FEBRUARY 2018 FOR CARE DAY NUMBER 3!

Care Day 2018 will be our third annual celebration so far. We will celebrate the rights of care experienced children and young people across the U.K, Ireland and beyond. The 5 Nations, 1 Voice alliance invites every care experienced child, young person or adult to join in this day of celebration. It also invites every individual, corporate parent, elected representative, third sector organisation and other supportive groups to join in. Every care experienced person deserves to have a childhood where they thrive and where they are celebrated for every part of who they are and what they achieve. It's their right and on Care Day we'll be shouting that out from the rooftops. Join us!

WHAT COULD YOU DO?

Get social, get vocal, get together but get involved! Recognise and celebrate the potential of children and young people by organising an event or activity to mark #CareDay18.

2018 is our third Care Day so come up with three ideas of your own to celebrate. Here are some suggestions

- Learn **three** facts about care
- Share **three** inspirational stories about care on your social media
- Use the hashtag #CareDay18 at least **three** times
- Get **three** friends to like us on Facebook and/or follow us on Twitter

FIND OUT MORE

- Phone us on 028 9024 4888
- Email Claire at claire.killen@voypic.org
- Like us on [Facebook](#) @voiceofyoungpeopleincare
- Follow us on Twitter @VOYPIC
- Follow **#CareDay18** on Twitter

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